



Cougar Daily's "The Potty Mouth"

1/16/23 – 1/21/23

The Bathroom Sensation That's Sweeping the Nation

Hey there Cougars! Welcome to another week in paradise! Second semester is officially in full swing, and hopefully waking up early is starting to feel normal again. I don't know how many of you made new year's resolutions, but if you did, I hope they're going great. If not, we here at *The Cougar Daily* have you covered with a resolution for all of our wonderful readers. In high school especially, it can be easy to resign yourself to a certain clique. My challenge/resolution for all of you is to branch out a bit. You get four years of high school, and they go unbelievably fast the further in you get. Take advantage of this time to get to know as many people as possible. I promise you won't regret it.

Some Life Advice From a (Maybe) Qualified Professional Guy

It's Third quarter. You're tired. Stressed. Anxious. Hungry. Maybe not that last one depending on if you're re-reading this after lunch but either way, I get it. This is a tough time of year, so here are a few things you can do right now to hopefully make your day a bit better.

- Wash your hands. I mean, come on. Please. It's so gross if you don't.
- Try to make someone's day better by not throwing wet paper towels all over the place.
- Give someone a compliment. Seriously. People underestimate the impact words can have. Tell someone you like their style or that they have cool shoes.
- Take some deep breaths. It's okay, you got this.
- Drink some water. You are not a cactus. Please hydrate.
- Smile. Force it if you have to. It works because of science and stuff.
- Did I mention wash your hands? Because seriously some of you are nasty.
- Don't take things too seriously-be able to laugh at yourself every so often.

Superintendent Gaal Reverses Snow Day Policy

By Alexandra Micci

On January 5th, at Doherty High School, Michael Gaal, the superintendent for D11 schools, changed his mind on remote learning in place of snow days, and the district is going back to traditional snow days.

Gaal stated, "My number one goal is to get face to face instruction every day that we can get it" and "live tonight, I am canceling remote learning snow days for the rest of the year."

The reason Gaal changed his mind was because of the effort and hard work a group of students from Palmer High School put into an argument, stating why it was the wrong decision to have online learning in lieu of snow days. Thanks to these students, the rest of D11 can enjoy normal snow days for the rest of the year.

Fun things Happening in Your Hallways

- PDA Probably. You know who you are.
- Girls Swim crushed it against Pueblo County, nice job Cougars!
- Breaking News: Life gives man lemonade, upset when it does not receive any lemons as a thank-you gift.

Upcoming Events

Monday 1/16	Tuesday 1/17	Wednesday 1/18	Thursday 1/19	Friday 1/20	Saturday 1/21
<i>Martin Luther King Jr. Day – No School</i>	- Girls Basketball: C-Team/JV/Varsity @ Canon City (4:00pm, 5:30pm, 7:00pm) - Boys Basketball: C-Team/JV/Varsity vs Canon City @ Home (4:00pm, 5:30pm, 7:00pm)	- Girls Swim and Dive: Varsity @ Widefield (4:00pm)	- Girls Basketball: C-Team/JV/Varsity vs Widefield @ Home (4:00pm, 5:30pm, 7:00pm) - Boys Basketball: C-Team/JV/Varsity @ Widefield (4:00pm, 5:30pm, 7:00pm)	- Wrestling: Boys Varsity Metro League @ Doherty (9:00am) - Wrestling: Girls Varsity Metro League @ Doherty (1:00pm)	- Wrestling: Boys Varsity Metro League @ Doherty, JV Boys @ Home (Both 9:00am) - Wrestling: Girls Varsity Metro League @ Doherty (1:00pm) - Girls Basketball: C-Team/JV/Varsity @ Falcon (4:00pm, 5:30pm, 7:00pm) - Boys Basketball: C-Team/JV/Varsity vs Falcon @ Home (4:00pm, 5:30pm, 7:00pm)

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