

### Cougar Daily's "The Potty Mouth"

#### The Bathroom Sensation That's Sweeping the Nation

Hey there cougars! I'm so excited to be able to share another week with you as the school year slowly rushes (an oxymoron) to an end. We live in a time where there is a lot of blatant negativity and fear present in our day-to-day lives. We can't always control what is around us, but we can choose how we react to it. Fundamentally, we are more alike than we are different, and it's a conscious choice to embrace our similarities rather than reject our differences. Remember, we all want one of two things (or both): love or really good salsa. As we go forwards, I encourage you to choose love in everything that you do. Being kind to someone can make all the difference.

## Test Taking Tips for Terrified Test Takers

Stressed about the SAT, PSAT, or your AP exams? Here are a few hints to help you get through it (mostly) unscathed.

- Accept that Collegeboard is a truly evil organization (in more ways than one) and that they will try to trick you. Read everything carefully.
- Eat WELL before your exam. A pop tart doesn't count unfortunately.
- Bring your student ID. Even if you know the proctor, they technically still need to see it.
- Don't panic. Or, if you need to have a nervous breakdown, don't do it during the test.
- Study your algebra and geometry like your life depends on it if you're taking the SAT.
- During multiple choice, do the ones you know first. No sense in wasting precious time on a question you don't know the answer to.
- Breathe. A test doesn't define you. You're going to do amazing, and regardless of the outcome, your life is not going to crumble.
- I believe in you, you're almost there:)

# Fun Things Happening in Your Hallways

- The! Spring! Play! Is! This! Week! The theater department has been working super hard to bring you *Done to Death*. Buy tickets here.
- Breaking News: Man fired from keyboard factory for not putting in enough shifts.
- FCCLA competed at State in Denver his week and had multiple members receive gold and silver recognition. Nice job everyone!
- Hot Take of The Day: Cold pizza is better than hot pizza.
- Dear people who stop in the middle of the halls, I have nothing against you, but on the behalf of the rest of us, please take your conversation elsewhere.
- Freshman Xavier Campos is the second fastest 800m runner in the nation with a time of 1:56! (For reference, our school record is a 1:53, set by a *state champion* senior!)

#### **Upcoming Events**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/10	4/11	4/12	4/13	4/14	4/15
- Girls Golf: Palmer Terror Invite @ Patty Jewett Golf Course (10:00am) - Girls Soccer: C- Team @ Mesa Ridge (4:00pm) - Boys Volleyball: Varsity vs STEM Academy @ Home (5:00pm)	- Girls Golf: Trojan Invite @ Cheyenne Shadows Golf Course (8:00am) - Girls Tennis: Varsity @ Mesa Ridge, JV vs Mesa Ridge @ Home (3:30pm, 4:00pm) - Baseball: Varsity vs Harrison @ Home (4:00pm) - Girls Soccer: JV:Varsity @ Vista Ridge (4:30pm, 6:30pm)	- Girls Golf: Varsity vs Mesa Ridge @ Cherokee Ridge Golf Course (2:00pm) - Track and Field: JV Falcon Invitational @ Falcon (2:00pm) - Boys Swim: Varsity vs Widefield @Widefield Community Center (4:00pm) - Boys Volleyball: JV/Varsity vs Cheyenne Mountain @ Home (4:30pm, 5:30pm)  SAT Testing - NO SCHOOL 9, 10, 12	- Girls Soccer: JV/Varsity @ Elizabeth (4:00pm, 6:00pm) - Baseball: Varsity @ Lewis Palmer (4:00pm) - Girls Tennis: JV/Varsity vs Harrison @ Home (4:00pm)  DONE TO DEATH in The Auditorium (7:00pm)  PSAT Testing – NO SCHOOL 11, 12	- Track and Field: Varsity Pomona Invitational @ Jeffco Stadium (TBD) - Baseball: Varsity @ Fountain Fort Carson (9:00am)  DONE TO DEATH in The Auditorium (7:00pm)	- Track and Field: Varsity Pomona Invitational @ Jeffco Stadium (TBD) - Boys Volleyball: Varsity @ Fountain Fort Carson (TBD) - Boys Volleyball: JV vs Arapahoe @ Littleton (10:00am) - Baseball: Varsity @ Fountain Fort Carson (9:00am) - Girls Soccer: JV:Varsity @ Falcon (10:00am, 12:00pm)  DONE TO DEATH in The Auditorium (2:00pm)