



Cougar Daily's "The Potty Mouth"

3/20/23 – 3/25/23

The Bathroom Sensation That's Sweeping the Nation

Hey there Cougars! I want to start this issue off with a quick message to the underclassmen that are reading. When I was a freshman, I had a teacher who on the second day of school, told us to "enjoy high school how it is now because this is the slowest it's ever going to be." At the time, I didn't believe him, but now I'm two months from graduating, and I often find myself wondering where the time went. Days go slow but years go fast, so no matter what grade you are, take a moment to slow down and appreciate where you are right now. Think of where you came from and consider that the future will happen whether you worry about it or not. Live for today. I promise it's worth it.

Some Things We Should All Do a Little Bit More

It's easy to get caught up in the day-to-day routine we've all fallen into by now. It's nice sometimes to slow down a little bit and do things intentionally. Here are a few things that I personally think we should all try and do a little bit more often.

- Get someone flowers. It doesn't even really matter who. Friends, partners, moms, dads, grandparents, or siblings. Everyone loves flowers even if they won't admit it.
- Buy a snack that you used to like when you were a kid. Some people say a taste can't be nostalgic, and those people are very wrong.
- Ask someone to pet their dog. I guarantee all three parties involved will be happy that you asked.
- Go for a walk. No destination. No real reason. Just take a break and walk outside. (DISCLAIMER: not during class. It should be implied, but just in case)
- Go do pottery painting or something artistic. Putting yourself in what might be an unfamiliar situation can often be some of the most fun you'll have.
- Wear deodorant. Axe Body Spray doesn't count. #keepourhallwaysbreathable

Fun Things Happening in Your Hallways

- I know I hit on PDA a lot in this column, but seriously, some of you need to come up for air every now and then.
- Massive congratulations to the Girls Soccer Team for their dominant 10-0 win over Mitchell last Tuesday!
- Breaking News: The case of a man who died choking on chickpeas is being investigated as a hummiscide.
- Hot Take of the Day: The Star Wars sequels are just as good if not better than the prequels. Go ahead and hate on me now, I know some of you want to.
- Good luck to the Robotics Team this week at their regional competition up in Denver! You guys are going to crush it!
- Boys Volleyball is undefeated! Be sure to go out and support your fellow Cougars this week!
- I have a challenge for you. See how fast you can take your phone out and scan the code to visit The Cougar Daily. Ready? Okay...Go!



Upcoming Events

Monday 3/20	Tuesday 3/21	Wednesday 3/22	Thursday 3/23	Friday 3/24	Saturday 3/25
- Baseball: JV vs Discovery Canyon @ Home (4:00pm) - Boys Volleyball: JV/Varsity vs Mesa Ridge @ Home (4:30pm, 5:30pm)	- Baseball: Varsity vs Discovery Canyon @ Home (4:00pm) - Boys Swim: Varsity vs Discover Canyon @ Home (4:00pm) - Girls Tennis: Varsity @ Palmer Ridge, JV vs Palmer Ridge @ Home (4:00pm) - Girls Soccer: JV/Varsity vs Woodland Park @ Garry Berry (5:00pm, 7:00pm)	- Track & Field: Varsity Panther invitational @ Harrison (10:00am) - Girls Soccer: C-Team @ Cheyenne Mountain (4:00pm) - Boys Volleyball: JV/Varsity vs James Irwin Charter @ Home (4:30pm, 5:30pm)	- Track and Field: Denver South Varsity Raven Invitational @ All City Stadium (11:00am) - Girls Soccer: JV @ CSCS (4:00pm)		

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