



## The Bathroom Sensation That's Sweeping the Nation

Now that you've settled back into the flow of school, it's time to get serious! Finals are coming up, but don't stress, Cougars! Take a peek at this edition of the Potty Mouth for some studying tips and a fun article! If you want to see more writing like this, check out the Cougar Daily website!

### Finals Are Coming Up!

Instead of freaking out over your approaching finals, focus on studying! Here's some tips and tricks to level up your studying to increase your gain and your grades and take the studying fatigue away!

- Make sure you take good notes in class! It may seem unnecessary or tedious to write down everything, but it'll pay off.
- Don't just reread your notes and call it a day – summarize concepts, explain them to your family (even your pets) and have someone ask you questions about the topic until you feel confident in it.
- Try to study in a quiet environment without distractions.
- Test yourself! Look up tests on your topic or create your own tests.
- Study with others! Both of you can correct each other and catch each other's mistakes. Both of you will have different strengths, which will strengthen your studying overall.
- Don't cram all in one night! Create a study schedule that spreads it out over the time you have before your finals!

- Reward yourself! Make studying feel worth it!

### Should We Lie About Santa to Kids?

Because we're in high school, a lot of us have grown out of believing in Santa, but does the idea still have merit? Why do parents, decade after decade, kid after kid, still tell their children that Santa is the one giving them gifts?

Part of the reason could be that, evidenced by several behavioral studies, we are less likely to go out of our way to be kind to others if there's nothing in it for us. It could also be because kids are more likely to behave themselves if they think that they'll be punished for bad behavior through not receiving presents at Christmas.

Lying to kids about Santa being real could also be an example of prosocial lies, which tend to be lied about for the "benefit" of people rather than to harm them. Like when someone embarrasses themselves, and you lie to make them feel better by saying you've also done something similar. It's possible that telling children that Santa exists preserves the magic of Christmas and the excitement of going to bed on Christmas Eve and waking up on Christmas Day – because it's a magical event.

### Upcoming Events

Monday 12/4	Tuesday 12/5	Wednesday 12/6	Thursday 12/7	Friday 12/8	Saturday 12/9
Lunch LinkUp @ Room 212 (Both Lunches) Staff Meeting (3:15pm) Girl's JV Basketball v Palmer @ Palmer Ridge (4pm)	Orchestra Concert @ Auditorium (7pm)	Chipotle Fundraiser for Senior Scholarships @ Garden of the Gods Chipotle (4pm) Jazz Band Concert @ Auditorium (7pm)	Girl's and Boy's Varsity Basketball v La Junta @ Garden City (3pm) Girl's Swim & Dive v Discovery Canyon @ Liberty High (4pm) Girl's and Boy's Varsity + Boy's JV Wrestling v Discovery Canyon @ Home (5:30pm)	Fall Market Day @ Aux Gym (All Day) Staff Holiday Get-Together (3:30pm)	ACT Testing Date Girl's Varsity Wrestling v Mesa Ridge @ Mesa Ridge (9am) Boy's Varsity Wrestling v Lewis-Palmer @ Lewis-Palmer High (9am) Boy's JV Wrestling v Discovery Canyon @ Discovery Canyon (9am) Boy's and Girl's Varsity Basketball v Altus @ Garden City High (1pm)



# Cougar Daily's "The Potty Mouth" 12/4-12/8

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So should we lie? Or is it unnecessary?  
What do you think, Cougars?

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