



The Bathroom Sensation That's Sweeping the Nation

It's Prom week! But this week also marks the beginning of the final month of school. After this week, Seniors only have 2 weeks left, and the rest have three weeks (total, including finals) left. Kind of scary, isn't it? So lets work hard and do our best, so the end can come quickly!

Tips For the Big Dance

Prom is the dance most people think of first when you talk about high school dances. Since this dance is big enough to need it to be held elsewhere (Flying W Ranch), here's some tips for safe dancing and having fun!

- Wear something that looks nice, but it's comfortable to move in. There's no point in going to Prom if you can't move in a dress or a suit that's too stiff and awkward, or one that takes hours just to maneuver for the bathroom. Going to Prom should not be dangerous or uncomfortable, it should be fun and enjoyable.
- Make sure to drink enough water. If you're moving a lot in a packed space, you might overheat or faint, and it's difficult to dance when you're unconscious or vomiting.
- If you can't make it for any reason, it's not the end of the world. There will be other big dances and parties, and you won't die if you miss out on this one. You'll be fine!
- Go with a group of friends if you don't have a date, and focus on having fun with them instead of wallowing in sadness over your relationship status.

The King Is Dead, And He Died of Dysentery: Long Live the Oregon Trail and the Drive for Progress Left in its Wake

By Phoenix Apedaile

Growing up I always looked forward to the one hour a day I was allowed to use my DS, and oftentimes I would use said hour to play my favorite game: *The Oregon Trail*. When I found the online version of the game, I was understandably ecstatic, and happily wasted as much time as I possibly could attempting to beat my highest score, which was once my pride and joy but which I now cannot remember. As *The Oregon Trail* nears the 55th Anniversary since its creation, I'd like to revisit its impact to discover how far we've truly come.

In 1971, student teachers Bill Heinemann, Don Rawitsch, and Paul Dillenberger created *The Oregon Trail* to help middle school students better understand the history of American settlement. Players must accept the challenge of exploring the vast American West, trekking across 2,000 miles of barren prairies, unforgiving mountain ranges, and formidable rivers. Choices affect the player's journey, and survival skills can mean the difference between life and death, or well, just restarting the game.

Want to learn more about the Oregon Trail game? Check out the article on cougardaily.org!

Upcoming Events

Monday 4/29	Tuesday 4/30	Wednesday 5/1	Thursday 5/2	Friday 5/3	Saturday 5/4
Lunch LinkUP @ Room 212 (both lunches) Senior Cap and Gown Distribution @ Auditorium (9:40am) Varsity Track & Field Lewis-Palmer Freshmen/Sophomore Meet @ Lewis-Palmer (2pm) Boys JV & Varsity v Fountain-Fort Carson @ Fountain-Fort Carson (4pm) Girls C-Team Soccer v Air Academy @ Home (7pm)	Varsity Baseball v Mesa Ridge @ Home (4pm) Girls C-Team Soccer v Pine Creek @ Home (7pm)	Girls Varsity Golf Pine Creek Invitational @ Pine Creek Golf Club (8am) Signing Ceremony @ Main Gym (3:15pm) Girls JV & Varsity Soccer v Mesa Ridge @ Home (5pm)	Advanced Acting Showcase @ Auditorium (6:30pm) Varsity Baseball v Mesa Ridge @ Mesa Ridge (4pm) Girls C-Team Soccer v Harrison @ Harrison (6pm) Advanced Art Showcase @ Auditorium (6:30pm)	Girls Varsity Tennis Regionals v Pueblo County @ Pueblo City Party (9am) Varsity Track & Field Pueblo Twilight v Pueblo Centennial @ Dutch City Stadium (3pm)	Prom @ Flying W Ranch (8pm) Boys Varsity Swin & Dive Leagues @ Woodland Park (TBD) Boys Varsity Volleyball Regionals @ TBD (TBD) Varsity Track & Field Spartan Invite @ Garry Barry Stadium (9am) Girls Varsity Tennis Regionals @ Pueblo City Park (9am)

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