



The Bathroom Sensation That's Sweeping the Nation

Next week is break, everybody! Fall sports are coming to an end and winter sports will be starting soon, and be careful to keep doing your homework, even with the break so soon! The break also means that the last day of quarter one is this week, so make sure to stay on top of your work so you can relax!

Winter Sports Overview

Now that the end of fall sports is coming, here's some information on the winter sports! All information is pulled from the Coronado website.

- Girls Swim & Dive – The head coaches are Nathan Holm and Coach Crosby (swim and dive respectively). Preseason begins on October 21st, and continues until November 11th, when the actual season starts.
- Girls Basketball – The head coaches are John Coder, Gary Lays, and Pierre Sanders. Preseason has been going on since September 9th, and official tryouts are on November 18th and 19th.
- Boys Basketball – The head coach is Cody Bernbeck and preseason begins on November 5th, and official tryouts are on November 18th.
- Boys Wrestling – The head coach is Clint Brickell. Preseason has begun and the team meets every Wednesday and Friday from 6 to 7:30pm.
- Girls Wrestling – Head coach is Anthony Arellano. Preseason has begun and the team meets every Wednesday and Friday 6 to 7:30pm (same as Boys Wrestling, in terms of information provided).

Make sure to schedule an appointment to get an updated physical and look at the fees required for the sport you want to go into. A winter sports parent meeting will be on November 20th in the main gym. See you at tryouts, Cougars!

Upcoming Events

Monday 10/7	Tuesday 10/8	Wednesday 10/9	Thursday 10/10	Friday 10/11	Saturday 10/12`
Clothing Exchange @ Auditorium Lobby (All day) Girls JV & Varsity League Tournament @ TBD (TBD) Boys Varsity Golf State @ Tiara Rado Golf Club (8am) Varsity Bowling v Palmer @ Peak Bowl (3pm) Boys JV & Varsity Soccer v Lewis-Palmer @ Home (5pm)	Free College Application Day Choir Concert (7pm) JV & Varsity Soccer v Lewis-Palmer @ Lewis-Palmer (3:30pm) Girls JV & Varsity v Canon City @ Canon City (5:30pm)	Orchestra Concert @ Auditorium (7pm)	Carrabas Night Cafe JV Softball v Cheyenne Mountain @ Cheyenne Mountain (4pm) Varsity Softball v Cheyenne Mountain @ Holmes Middle (4pm) Boys JV & Varsity Soccer v Canon City @ Canon City (4:30pm) Girls JV & Varsity Volleyball v Harrison @ Harrison (5pm)	Varsity Football v Pueblo County @ Pueblo County (7pm) Boys Varsity Tennis Regionals @ Pueblo City Park (9am) Boys C-team Soccer v Lewis-Palmer @ Home (5:30pm)	JV Football v Pueblo County @ Home (10am) Boys Varsity Tennis Regionals @ Pueblo State Park (9am)

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