



The Bathroom Sensation That's Sweeping the Nation

Temperatures are dropping below freezing as we settle back into school. Make sure to stay warm and dress appropriately so you stay safe, too! If sweaters or heavy winter coats aren't your thing, layer! Winter sports are getting close to the end of their seasons, so keep an eye on spring sports you might be interested in doing!

Snow Everywhere

Now that we've finally gotten to the snowy part of the season, here are some fun things you can do in the snow (AFTER checking the temperature and making sure you're prepared)

- Go ice skating! Go with your friends, your family, or alone!
- Colorado is a great place for skiing and sledding, even if you're just sledding on steep hills around the city that you can find!
- Check out polar plunge events! Embrace the cold and you might even help raise funds for charities! This year in Colorado there are events to support the athletes with intellectual disabilities in the Special Olympics!
- Interested in fishing? Try ice fishing at lakes or bodies of water that allow it!
- If you enjoy watching Hallmark movies, either for ironic or unironic enjoyment, binge a few Christmas or winter ones! Watching it with company might be more fun, depending on how you like to watch movies.
- Try out a few new recipes, especially for warm foods or drinks like making your own hot chocolate or your own yule log (even though the season is coming to a close).

History of Photography

Since the deadline for senior photos has passed and the senior panoramic photo is coming up (or passed), and now we experience our life through pictures, either in our mind or physical photographs, it'd be

interesting to go over the history of photography and how it evolved into what we have today!

Photography today drew from the camera obscura, a dark room with a hole or lens that projected images from the outside of the room on the inside, often upside-down and inverted. This was seen in the ancient Greeks more than 2000 years ago.

Amateur inventor Nicéphore Niépce in France created a way to copy images using the light, with his first success occurring in 1822. He titled the process heliography, because of its utilization of light. He used a solution of bitumen and lavender oil. Later Louis-Jacques-Mandé Daguerre expanded on the technique, shortening the exposure time and eventually making this type of photography permanent, which was labelled the daguerreotype.

As the daguerreotype spread outside of France, innovations to the chemical reaction within the camera and the lens helped cut down the exposure time and other various aspects of the camera. By the late 1840s, every city in America had a photo studio.

Upcoming Events

Wednesday 1/22	Thursday 1/23	Friday 1/24	Saturday 1/25	Monday 1/27	Tuesday 1/28
	Girls Swim & Dive v Widefield @ Widefield Community Center (4pm) Girls JV & Varsity Basketball v Mesa Ridge @ Home (5:30pm)	Boys Basketball v Mesa Ridge @ Mesa Ridge (4pm)	Boys JV Wrestling v Pueblo County @ Pueblo County (9am) Boys Varsity Wrestling v Thomas Jefferson @ Thomas Jefferson (8:30am) Girls Varsity Wrestling v Chatfield @ Chatfield (9am)	Senior Panoramic Picture @ Main Gym (9:15am) Boys JV & Varsity Basketball v Elizabeth @ Home (3:30pm) Girls JV & Varsity Basketball v Elizabeth @ Home (5pm)	8 th Grade Open House @ Auditorium (5:30pm)

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