



The Bathroom Sensation That's Sweeping the Nation

Next week is break, everybody! Fall sports are coming to an end and winter sports will be starting soon, and be careful to keep doing your homework, even with the break so soon! The break also means that the last day of quarter one is this week, so make sure to stay on top of your work so you can relax!

Fun Things for the End of October

Halloween is coming up this week, and then the beginning of November, where we begin to prepare for Thanksgiving (and Thanksgiving break!). So, here's some ways to enjoy the rest of October and get ready for November!

- Go see the sights of Colorado while there are still leaves on the trees! As November comes, so does winter, which means what's left of the bright, alive foliage will fall away.
- Start planning for big, complicated recipes, if you can. If you know you want to make a recipe with an ingredient that's hard to come by in Colorado, make sure you get it before the last minute.
- Compost your pumpkin, if the deer haven't gotten to it. Make sure you have all the materials you need, and be sure to research composting carefully, so you know what to expect. Your pumpkin can nourish the soil, and you can help combat climate change!
- Before the mood fades from Halloween, get together with your friends and/or family and have a horror movie marathon! Watch classics, terrible B-movies, niche films, horror comedies, whatever! Get some Halloween themed snacks when they go on sale, too!

Harvest of Love

Every year, we participate in something called Harvest of Love, but what exactly is it? Harvest of Love is a food drive that takes place in Colorado Springs and Pueblo schools. The food and money donated is used to feed families in Southern Colorado!

Harvest of Love originated from Doherty High School's Social Studies department in 1996, by a Mr. Vigil.

The food bank that runs the program is the Care and Share Food Bank, which also organizes programs like "Take a Turkey to Work Day," the Emergency Food Assistance Program, Supplemental Nutrition Assistance Program., the Cooking Matters program, and several direct service programs like mobile food pantries and the Sunnyside Market.

Care and Share Food Bank's website is careandshare.org. Take a look if you'd like to donate, or if you need to look at their programs for providing food.

By bringing food into your 7th period class, you can both contribute to and support your community while also competing for a class prize! If you have something to spare, bring it in!

Upcoming Events

Wednesday 10/30	Thursday 10/31	Friday 11/1	Saturday 11/2	Monday 11/3	Tuesday 11/4
	Halloween! Boys Varsity Soccer Playoffs @ Skyview High (6pm) Varsity Football v Pueblo East @ Garry Barry Stadium (6:30pm)	Girls Varsity Volleyball Tournament v Cheyenne Mountain @ World Arena (10:45am)	Varsity Cross Country State @ Norris Penrose Event Center (TBD) JV Football v Pueblo East @ Heaton Middle (9am) Girls Varsity Volleyball v Cheyenne Mountain @ World Arena (9am)	Bowling Varsity Match v Mitchell @ Peak Bowl (3pm)	