



Cougar Daily's "The Potty Mouth" 3/19- 3/25

The Bathroom Sensation That's Sweeping the Nation

Hey Cougars! This week we're highlighting Track and Field's most recent meet and with Spring Break ideas if you're bored!

Cougars on the Run!

Coronado High School's Track and Field teams kicked off their season at the Banana Belt Classic in Pueblo, Colorado, showing great energy and passion on the track. The Cougars placed 8th out of 34 teams.

The Cougars used the meet to set the tone for the season ahead. **Class of 2026 sprinter Luke Bell**, new to the team this year as a senior, shared what made him want to join Track and Field: "I ran competitively as a kid and enjoyed it a lot; I wanted to spend my senior year running with my friends before I graduated."

The Cougars are gearing up for the annual "Cougar Classic" hosted by Coronado on April 25th at Garry Berry Stadium.

With strong performances and team spirit, Coronado Track and Field is already off to a promising start this season!

Spring Sports Scores

Boys Baseball lost to Discovery Canyon 3-14

Girls Soccer lost to Air Academy 0-4

Track & Field placed 8th of 34 in the Banana Belt Classic

Boys Volleyball lost to Rampart 0-3

Spring Break Ideas!

Confused on what to do during spring break? I have the answer for you! (On a cheap budget, of course.)

- Go Hiking! There are so many awesome trails you can take advantage of for free during this hot weather like Red Rocks, Seven Bridges Trail, Ute Valley Park, and Palmer Park.
- Start a new TV show! There's so much to watch on so many different streaming platforms. You could also try out some of the Oscar-winning movies, like Best Picture winner *One Battle After Another*.
- Try a new hobby, I personally will try to get better at pickleball over this break.
- Lastly, try and relax with your friends and family. Play board games, watch a movie, or try a new activity that would push you out of your comfort zone!



Upcoming Events

Thursday 3/19	Friday 3/20	Saturday 3/21	Monday 3/23	Tuesday 3/24	Wednesday 3/25
Baseball: Varsity vs. Doherty @ Coronado High School 3:30 pm Swim & Dive: Varsity Dual vs. Pueblo County @ Coronado High School 4:00 pm Soccer: Varsity vs. Vista Ridge @ Coronado High School 7:00 pm	Tennis: Varsity Match vs. Palmer Ridge @ Palmer Ridge High School 3:45 pm	Volleyball: Varsity Tournament vs. Fountain-Fort Carson @ Fountain-Fort Carson High School TBD Track Field: Varsity Larry Pickering Centennial Invitational vs. Pueblo Centennial @ Dutch Clark Stadium 9:00 am Baseball: Varsity vs. Rampart @ Rampart Park Baseball Field 10:00 am	Spring Break!	Spring Break!	Spring Break!

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